

**Medical/Health**

**All:**

Advantage Dental .....	888-468-0022
Douglas County Public Health Network .....	541-440-3571
Oregon Health Plan .....	800-699-9075
Current OHP Members .....	800-273-0557
Oregon Regional Poison Center .....	800-222-1222
Umpqua Health Alliance .....	541-229-4842

**Canyonville:**

Canyonville Health & Urgent Care .....	541-839-4211
--	--------------

**Drain:**

Pacific Gateway Medical Clinic .....	541-836-2371
Umpqua Community Health Center .....	541-836-7155

**Glide:**

Hope Springs Health .....	541-496-0298
Umpqua Community Health Center .....	541-804-1717

**Myrtle Creek:**

Umpqua Community Health Center .....	541-860-4070
--------------------------------------	--------------

**Reedsport:**

Central Coast Community Health .....	541-347-2529
Lower Umpqua Hospital .....	541-271-2171
LUH Walk In Clinic .....	541-271-6309
Reedsport Medical Clinic .....	541-271-2119

**Roseburg:**

Absolute Caring Clinic .....	541-671-2571
Department of Veteran Affairs .....	541-440-1000
Douglas Medical Clinic .....	541-440-6390
Evergreen Urgent Care .....	541-677-7200
Family Tree Medical Clinic .....	541-673-5225
Harvard Medical Park .....	541-672-8341
Mercy Medical Center .....	541-673-0611
N'Lite Women's Clinic .....	541-672-2609
Peak Medical Clinic .....	541-464-0788
Roseburg Urgent Care .....	541-672-4789
Umpqua Community Health Center .....	541-672-9596
White Oak Medical Clinic .....	541-464-5907

**Sutherlin:**

Sutherlin Health Clinic .....	541-459-0303
Umpqua Community Health Center .....	541-459-3788

**Winston:**

Pioneer Health Clinic .....	541-679-5299
Second Wind Wellness Center .....	541-679-0366
South River Community Health Center .....	541-492-4550

**Emergency Services**

**All:**

Douglas County Sheriff's Department .....	541-440-4450
---	--------------

**Myrtle Creek:**

Myrtle Creek Police .....	541-863-5222
---------------------------	--------------

**Roseburg:**

911 Non-Emergency Line .....	541-440-4471
Roseburg Police .....	541-492-6760

**Sutherlin:**

Sutherlin Police .....	541-459-2211
------------------------	--------------

**Winston:**

Winston Police .....	541-679-8706
----------------------	--------------

**Crisis**

**All:**

Battered Person's Advocacy .....	800-464-6543
National Suicide Hotline .....	800-273-8255
Oregon HIV/STD Hotline .....	800-777-2437

**Roseburg:**

Alcoholics Anonymous .....	541-673-7552
Narcotics Anonymous .....	541-957-1489
Roseburg Suicide Crisis Hotline .....	541-440-3532

**Meals/Food Boxes**

**Canyonville:**

SDA CS Canyonville .....	541-839-4051
• Food Box: Wed @ 9:30am - 11:30pm & 1pm - 2pm	

**Drain:**

FISH Drain .....	541-508-8286
• Food Box: Tue @ 9am -1pm	
Living Hope Outreach .....	541-391-3973
• Meal: Wed @ 12pm – 1:30pm	
• Food Box: Wed @ 12pm – 2:30pm	

**Glendale:**

Community Care Food Pantry .....	541-761-4967
• Food Box: Thur @ 1pm – 3pm	

**Glide:**

SDA CS Glide .....	541-496-3956
• Food Box: Wed @ 10am – 2pm // 1 <sup>st</sup> Wed @ 4pm – 6pm	

**Myrtle Creek:**

St. Vincent DePaul .....	541-863-5489
• Food Box: Mon/Wed @ 9am – 1pm	
Tables of Plenty .....	541-863-3271
• Meal: Sat @ 1pm – 3pm	

**Reedsport:**

AARP Pantry .....	541-271-3609
• Food Box: Thur @ 11am – 12pm	
Project Blessing .....	541-271-3928
• Food Box: Tue/Wed @ 1pm – 3pm // Fri @ 11am – 1pm	
Soups On .....	541-271-3838
• Meal: Wed @ 12pm – 1pm	

**Riddle:**

South Douglas Food Bank .....	541-643-3831
• Food Box: Thur @ 9am – 12pm // 3 <sup>rd</sup> , 4 <sup>th</sup> , 5 <sup>th</sup> Sat @ 10am – 12pm	

**Roseburg:**

FISH Roseburg .....	541-672-5242
• Food Box: Mon/Wed @ 1:30pm – 3:30pm // Thur/Fri @ 9:30am – 11:30am	
Foundation Fellowship .....	541-672-5533
• Meal: Every Sun EXCEPT 1 <sup>st</sup> Sun of the month @ 4:30pm – 5:30pm	
• Food Box: 3 <sup>rd</sup> & 4 <sup>th</sup> Sun of the month @ 4:30pm – 5:30pm	

**Friendly Kitchen (Age 60+, Disabled adults and guests) .....**

541-673-5929
• Meal: Mon – Fri @ 11am – 12:30pm

**Roseburg Dream Center .....**

541-673-5918
• Food Box: Mon/Wed @ 10am – 1:45pm

**Roseburg Rescue Mission .....**

541-673-3004
• Meal: Mon - Fri @ 6:30am, 12pm, & 7pm // Sat/Sun @ 7:30am, 1pm, & 5pm

**Salvation Army .....**

541-672-6581
• Food Box: Mon – Fri @ 10am – 11:30am & 1pm – 3:30pm

**Samaritan Inn .....**

541-672-5387
• Meal: Mon – Fri @ 7am, 12pm, & 5pm // Sat/Sun @ 8am, 1pm, & 5pm

**SDA CS Roseburg .....**

541-672-1542
• Food Box: Tue @ 10am – 12pm & 1pm – 3pm 3 <sup>rd</sup> Tue of each month

**St. Joseph's Community Kitchen .....**

541-672-1751
• Meal: Tue/Thur @ 4pm – 5pm (Oct – Jun) •OR• 1pm – 2pm (Jul – Sep)

**Sutherlin:**

St. Francis Community Kitchen .....	541-459-8807
• Meal: Mon/Wed @ 4:30pm – 5:30pm	

**Sutherlin Oakland Emergency Pantry .....**

541-459-4082
• Food Box: Mon/Wed @ 9am – 11am

**Winston:**

Dillard/Winston Food Pantry .....	541-679-8281
• Food Box: Mon/Wed @ 9:30am – 11:30am // 1 <sup>st</sup> & 3 <sup>rd</sup> Wed @ 4:30pm – 5:30pm	

**Yoncalla:**

Care & Share .....	541-849-2800
• Food Box: Last Mon of each month @ 9am – 12pm	



# Douglas County Resource Guide



## WORKSOURCE - DOUGLAS -

WorkSource Oregon is an equal opportunity employer/program. Auxiliary aids and services, and alternate formats are available to individuals with disabilities and language services to individuals with limited English proficiency free of cost upon request. TTY/TDD – dial 7-1-1 toll free relay service. Access free online relay service at: [www.sprintrelayonline.com](http://www.sprintrelayonline.com)

**Housing**

<b>All:</b>	
Fair Housing Council of Oregon .....	503-223-8197
UCAN .....	800-301-8226
<b>Canyonville:</b>	
Holiday Gardens .....	541-839-6397
Stagecoach Apartments .....	541-839-4682
<b>Drain:</b>	
Gateway Village .....	541-673-6548
<b>Glendale:</b>	
Hillside Village .....	541-832-2635
Mill Creek Apartments .....	541-832-2444
<b>Myrtle Creek:</b>	
Clearview Manor .....	541-863-3637
Meadowlark Apartments .....	541-863-4972
Myrtle Terrace Apartments .....	541-863-0457
<b>Reedsport:</b>	
Forest Hills Manor .....	541-271-4441
Forest Village Apartments .....	541-271-1385
Ridgeway Village .....	541-271-4441
Riverside Apartments .....	541-271-4441
Woodland Apartments .....	541-271-2361
<b>Riddle:</b>	
Glenhaven Apartments .....	541-874-2461
<b>Roseburg:</b>	
Brookside Court (Seniors only) .....	541-673-4340
HADCO/HUD .....	541-673-6548
NeighborWorks Umpqua .....	541-673-4909
Orchard Knoll Apartments .....	541-464-2690
Parkside Village .....	541-672-2214
Rose Apartments .....	541-673-5588
Rose Villa Apartments .....	541-673-0736
Sunset Apartments .....	541-673-5410
Umpqua Community Action Network .....	541-672-3421
Umpqua Villa Apartments .....	541-673-0736
Vine Street Apartments .....	541-672-9343
West View Commons .....	541-440-3777
<b>Sutherlin:</b>	
Holiday Garden Apartments (Ages 62 and up) .....	541-459-1686
Landing Place .....	541-378-4233
North Slop Village .....	541-459-5504
Terrace Manor .....	541-863-4972
<b>Winston:</b>	
Blueridge Apartments .....	541-679-9505
Christy Court Apartments .....	541-671-2851
Pine Tree Apartments .....	541-679-8819

**Transportation**

<b>All:</b>	
Douglas Rides .....	800-232-8121
U-Trans .....	541-440-3587
<b>Roseburg:</b>	
FISH Roseburg .....	541-672-5242

**Employment**

<b>All:</b>	
Worksource Douglas .....	541-440-3344
Goodwill .....	541-673-6032
<b>Roseburg:</b>	
Advantage Staffing .....	541-440-8447
BBSI of Roseburg .....	541-440-3076
Cardinal Services .....	800-342-4742
Elwood Staffing .....	541-673-3200
Express Employment Professionals .....	541-673-3332
Selectemp Employment Services .....	541-440-4844

**Disability**

<b>All:</b>	
Easter Seals Oregon .....	503-228-5108
Muscular Dystrophy Association (MDA) .....	800-572-1717
Oregon Commission for the Blind .....	888-202-5463
Special Olympics of Oregon .....	503-248-0600
<b>Roseburg:</b>	
Developmental Disabilities Program (Extension #202) .....	541-315-4300
Mentor Oregon .....	541-673-1747
Oregon Commission for the Blind .....	541-492-1171
Oregon Vocational Rehabilitation Services (VR) .....	541-440-3371
Roseburg Audiology Center .....	541-672-8868
Special Olympics of Oregon .....	541-677-9687
Sunrise Enterprises .....	541-673-0195
Umpqua Valley Disabilities Network (UVDN) .....	541-672-6336

**Families/Children/Youth**

<b>All:</b>	
Child Development & Rehabilitation Center .....	800-637-0700
UCAN .....	800-301-8226
<b>Reedsport:</b>	
Family Resource Center .....	541-271-9700
<b>Roseburg:</b>	
Children's Medication Assistance .....	541-672-5242
Mercy Foundation Children's Healthcare .....	541-677-4818
Mercy Foundation Wings of Hope .....	541-677-2384
Mercy Medical Center Prenatal Classes .....	541-677-2451
Safe Haven Maternity Home (Homeless teen moms) .....	541-464-2740
Shriners Hospital for Children .....	503-241-5090

**Counseling/Mental Health**

<b>All:</b>	
AA National Hotline .....	800-593-3330
Battered Person's Advocacy .....	800-464-6543
National Suicide Hotline .....	800-273-8255
Oregon HIV/STD Hotline .....	800-777-2437
World Service Office .....	888-425-2666

<b>Reedsport:</b>	
ADAPT .....	541-271-5086
Compass Behavioral Health .....	800-866-9780
<b>Roseburg:</b>	
ADAPT .....	541-672-2691
Al-Anon/Alateen .....	888-425-2666
Alcoholics Anonymous .....	541-673-7552
Battered Person's Advocacy .....	541-673-7867
Compass Behavioral Health .....	541-440-3532
Compassionate Friends .....	541-643-0959
Crossroads .....	541-492-0206
Douglas C.A.R.E.S. .....	541-957-5646
Family Development Center .....	541-673-4354
HIV Alliance .....	541-440-2761
Narcotics Anonymous .....	541-957-1489
N'Lite Women's Clinic .....	541-672-2609
Roseburg Suicide Crisis Hotline .....	541-440-3532
Serenity Lane .....	541-673-3504
Valley View Counseling .....	541-673-3985

<b>Winston:</b>	
ADAPT .....	541-492-4550
South River Community Health Center .....	541-492-4550

**Shelters**

<b>Roseburg:</b>	
Roseburg Dream Center (Warming center, 7pm, Nov 15 <sup>th</sup> – March 31 <sup>st</sup> ) .....	541-673-5918
Roseburg Rescue Mission (Men only) .....	541-673-3004
Safe Haven Maternity Home (Homeless teen moms) .....	541-464-2740
Samaritan Inn (Women 18+ only) .....	541-672-5387

**Legal**

<b>All:</b>	
Annual Credit Report .....	877-322-8228
Child Abuse & Neglect Reporting .....	800-422-4453
Douglas County Courthouse (Domestic Relations) .....	541-957-2470
Douglas County Sheriff .....	541-440-4450
Neighbor-to-Neighbor Mediation Services .....	541-530-2578
Oregon Child Support Program .....	800-850-0228
Oregon Department of Consumer & Business Services .....	888-877-4894
Oregon State Bar Lawyer Referral (\$35 ½ hour consultations) .....	800-452-7636

<b>Roseburg:</b>	
Consumer Credit Counseling .....	541-673-3104
Don Mills Family Resource Center .....	541-957-2403
Law Library .....	541-440-4341
Legal Aid Services of Oregon .....	541-673-1181
Oregon Child Support Program .....	541-440-3357

**Bill Pay Assistance**

<b>All:</b>	
UCAN .....	800-301-8226

<b>Roseburg:</b>	
Salvation Army .....	541-672-6581

**Clothing/Household Resources**

<b>All:</b>	
UCAN .....	800-301-8226
Goodwill .....	541-673-6032

<b>Canyonville:</b>	
SDA CS Canyonville .....	541-839-4051

<b>Glide:</b>	
SDA CS Glide .....	541-496-3956

<b>Myrtle Creek:</b>	
SDA CS Myrtle Creek .....	541-863-3815

<b>Reedsport:</b>	
Ranch Road Church of Christ .....	541-271-3838

<b>Roseburg:</b>	
Roseburg Dream Center .....	541-673-5918
Roseburg Rescue Mission .....	541-673-3004
Salvation Army .....	541-672-6581
SDA CS Roseburg .....	541-672-1542

<b>Sutherlin:</b>	
SDA CS Sutherlin .....	541-459-4131

**Benefits/Other Assistance**

<b>All:</b>	
Department of Human Services .....	541-440-3373
UCAN .....	800-301-8226
Vital Records .....	888-896-4988

<b>Riddle:</b>	
Riddle Senior Services .....	541-874-2234

<b>Roseburg:</b>	
Battered Person's Advocacy .....	541-673-7867
DHS Self-Sufficiency .....	541-440-3301
Douglas County AAA Senior Services .....	541-440-3677
FISH .....	541-672-5242
Laundry Love (Free laundry services, 10am-2pm, 3 <sup>rd</sup> Sat of every month) .....	541-673-1293
Lions Club .....	541-229-6358
Rescue Mission .....	541-673-3004
Roseburg Senior Center .....	541-671-2634
Salvation Army .....	541-672-6581
Samaritan Inn (Free laundry services for women 18+) .....	541-672-5387
Umpqua Valley Low Cost Veterinary Services .....	541-672-3161

<b>Sutherlin:</b>	
Sutherlin Community Resource Center .....	541-459-8262
Sutherlin Senior Center .....	541-459-5320

<b>Winston:</b>	
Winston Senior Services .....	541-679-8973